

Across England: times and distances

| <i>where</i> | <i>GR</i> | <i>day miles</i> | <i>total miles</i> | <i>time</i> | <i>elapsed</i> |
|-------------------------------|-----------------------|------------------|--------------------|--------------|----------------|
| 15 September 2006 | <i>Warm and sunny</i> | | | | |
| Land's End | SW 342249 | 0.0 | 0.0 | 10.46 | 0.00 |
| Sennen Cove | SW 350263 | 1.2 | 1.2 | 11.08 | 0.22 |
| | | | | 11.26 | |
| Aire Point | SW 359281 | 3.0 | 3.0 | 12.03 | 0.59 |
| Cape Cornwall | SW 349318 | 6.1 | 6.1 | 13.10 | 2.06 |
| | | | | 13.35 | |
| Levant Zawn | SW 368344 | 8.9 | 8.9 | 14.52 | 3.23 |
| Pendeen Watch | SW 379358 | 10.2 | 10.2 | 15.21 | 3.52 |
| | | | | 15.44 | |
| Gurnard's Head | SW 432382 | 14.8 | 14.8 | 17.47 | 5.55 |
| | | | | 17.53 | |
| Carn Gobba | SW 450389 | 16.4 | 16.4 | 18.39 | 6.41 |
| Zennor (Tinner's Arms) | SW 454384 | 16.9 | | 18.46 | 6.48 |

| | | | | | |
|-------------------------------|-----------------------|-------------|-------------|--------------|-------------|
| 16 September 2006 | <i>Warm and sunny</i> | | | | |
| Zennor (Tinner's Arms) | SW 454384 | 0.0 | | 9.55 | 0.00 |
| Carn Gobba | SW 450389 | 0.5 | 16.4 | 10.03 | 0.08 |
| Carn Naun | SW 477408 | 3.4 | 19.3 | 11.28 | 1.33 |
| | | | | 11.38 | |
| St Ives | SW 518405 | 7.2 | 23.1 | 13.05 | 3.00 |
| | | | | 13.30 | |
| Carbis Bay | SW 527388 | 8.5 | 24.4 | 14.04 | 3.34 |
| Lelant (Badger PH) | SW 545371 | 10.7 | 26.6 | 14.45 | 4.15 |
| | | | | 15.15 | |
| Hayle | SW 557376 | 13.3 | 29.2 | 15.54 | 4.54 |
| Upton Towans | SW 570401 | 15.6 | 31.5 | 16.54 | 5.54 |
| Gwithian Towans | SW 579414 | 16.6 | 32.5 | 17.15 | 6.15 |

| | | | | | |
|--------------------------|--|-------------|-------------|--------------|-------------|
| 17 September 2006 | <i>Hazy AM, shower mid-day, improving to sunny intervals</i> | | | | |
| Gwithian Towans | SW 579414 | 0.0 | 32.5 | 09.00 | 0.00 |
| Godrevy Point | SW 580433 | 1.5 | 34.0 | 09.35 | 0.35 |
| Hell's Mouth | SW 603428 | 3.5 | 46.0 | 10.12 | 1.12 |
| | | | | 10.24 | |
| Crane Castle | SW 638440 | 6.1 | 38.6 | 11.10 | 1.58 |
| Portreath | SW 657453 | 8.1 | 40.6 | 11.54 | 2.42 |
| | | | | 12.22 | |
| Gullyn Rock | SW 678469 | 10.4 | 42.9 | 13.12 | 3.32 |
| Porthtowan | SW 693478 | 11.6 | 44.1 | 13.48 | 4.08 |
| | | | | 14.28 | |
| St Agnes Head | SW 699514 | 14.5 | 47.0 | 15.30 | 5.10 |
| | | | | 15.38 | |
| Trevaunance Cove | SW 721514 | 16.0 | 48.5 | 16.10 | 5.42 |

| 10 March 2007 <i>Sunny with cool breeze</i> | | | | | |
|--|------------------|-------------|-------------|--------------|-------------|
| Trevaunance Cove | SW 721514 | 0.0 | 48.5 | 09.18 | 0.00 |
| Cligga Head | SW 738536 | 2.3 | 50.8 | 10.18 | 1.00 |
| Perranporth | SW 756543 | 3.6 | 52.1 | 10.45 | 1.27 |
| | | | | 11.05 | |
| Ligger Point | SW 757580 | 6.4 | 54.9 | 11.58 | 2.20 |
| Holywell | SW 767589 | 8.0 | 56.5 | 12.25 | 2.47 |
| | | | | 12.40 | |
| Porth Joke | SW 772603 | 9.9 | 58.4 | 13.18 | 3.25 |
| Crantock (car park) | SW 788608 | 11.6 | 60.1 | 13.53 | 4.00 |
| | | | | 13.58 | |
| Newquay | SW 812616 | 15.0 | 63.5 | 15.20 | 5.22 |
| (Beach Road) | | | | 15.55 | |
| Porth | SW 830626 | 16.4 | 64.9 | 16.30 | 5.57 |
| Watergate Bay | SW 842649 | 18.6 | 67.1 | 17.10 | 6.37 |

| 11 March 2007 <i>Sunny with cool breeze</i> | | | | | |
|--|------------------|-------------|-------------|--------------|-------------|
| Watergate Bay | SW 842649 | 0.0 | 67.1 | 09.34 | 0.00 |
| Mawgan Porth | SW 850672 | 2.2 | 69.3 | 10.20 | 0.46 |
| Carnewas | SW 849690 | 3.7 | 70.8 | 10.50 | 1.16 |
| Porthcothan | SW 858720 | 6.7 | 73.8 | 11.57 | 2.23 |
| | | | | 12.14 | |
| Treyarnon | SW 858739 | 8.6 | 75.7 | 12.52 | 3.01 |
| Trevoze Head | SW 852765 | 10.4 | 77.5 | 13.40 | 3.49 |
| | | | | 14.00 | |
| Trevone | SW 891759 | 13.8 | 80.9 | 15.15 | 5.04 |
| | | | | 15.28 | |
| Stepper Point Tower | SW 910784 | 16.1 | 83.2 | 16.21 | 5.57 |
| Padstow (ferry) | SW 920755 | 18.7 | 85.8 | 17.19 | 6.55 |

| 12 March 2007 <i>Hazy sun with less breeze than yesterday</i> | | | | | |
|--|------------------|-------------|-------------|--------------|-------------|
| Rock (ferry) | SW 928757 | 0.0 | 85.8 | 11.24 | 0.00 |
| Polzeath | SW 936789 | 2.8 | 88.6 | 12.17 | 0.53 |
| | | | | 12.28 | |
| Pentire Point (trig point) | SW 929806 | 4.8 | 90.6 | 13.14 | 1.39 |
| Port Quin | SW 971804 | 8.6 | 94.4 | 14.29 | 2.54 |
| | | | | 14.45 | |
| Port Isaac (harbour) | SW 996807 | 11.1 | 96.9 | 16.10 | 4.19 |
| Pt Is'c (Anchorage GH) | SW 999809 | 11.5 | 97.3 | 16.21 | 4.30 |

| 13 March 2007 | | <i>Sunny with cool breeze</i> | | | |
|---|------------------|-------------------------------|--------------|--------------|-------------|
| Pt Is'c (Anchorage GH) | SX 999809 | 0.0 | 97.3 | 09.48 | 0.00 |
| (above) Barrett's Zawn | SX 028818 | 2.3 | 99.6 | 10.48 | 1.00 |
| The Mountain | SX 043842 | 4.2 | 101.5 | 11.49 | 2.01 |
| | | | | 12.00 | |
| Trebarwith Strand (Port William Inn) | SX 050864 | 6.0 | 103.3 | 12.43 | 2.44 |
| | | | | 13.22 | |
| Tintagel Castle | SX 052890 | 7.9 | 105.2 | 14.10 | 3.32 |
| | | | | 14.18 | |
| Tintagel | SX 057883 | 8.4 | 105.7 | 14.33 | 3.47 |

| 17 July 2008 | | <i>Cloudy, stiff W breeze, cool for the time of year</i> | | | |
|-----------------------------|------------------|--|--------------|--------------|-------------|
| Tintagel | SX 057883 | 0.0 | 105.7 | 15.37 | 0.00 |
| Condolden Barrow | SX 091870 | 2.8 | 108.5 | 16.53 | 1.16 |
| | | | | 17.00 | |
| Camelford Cycle Museum | SX 100855 | 4.0 | 109.7 | 17.27 | 1.43 |
| Camelford (C'man Ho) | SX 108838 | 6.2 | 111.9 | 18.05 | 2.21 |

| 18 July 2008 | | <i>Cloudy, stiff W breeze, cool, drizzle and periods of rain</i> | | | |
|-------------------------------------|------------------|--|--------------|--------------|-------------|
| Camelford (C'man Ho) | SX 109838 | 0.0 | 111.9 | 09.00 | 0.00 |
| Roughtor Road end | SX 139818 | 2.3 | 114.2 | 09.40 | 0.40 |
| Roughtor | SX 145808 | 3.1 | 115.0 | 10.00 | 1.00 |
| | | | | 10.05 | |
| Brown Willy | SX 158799 | 4.2 | 116.1 | 10.44 | 1.39 |
| Bray Down | SX 188821 | 7.1 | 119.0 | 12.10 | 3.05 |
| Altarnun (Rising Sun PH) | SX 215824 | 9.2 | 121.1 | 12.54 | 3.49 |
| | | | | 14.03 | |
| Pipers Pool | SX 259841 | 13.3 | 125.2 | 15.38 | 5.24 |
| Tanker's Lake | SX 286849 | 15.7 | 127.6 | 16.15 | 6.01 |
| Tregadillet | SX 296840 | 16.9 | 128.8 | 16.45 | 6.31 |

| 19 July 2008 | | <i>Cloudy, stiff W breeze, cool for the time of year</i> | | | |
|---------------------|------------------|--|--------------|--------------|-------------|
| Tregadillet | SX 296840 | 0.0 | 128.8 | 11.02 | 0.00 |
| Launceston Castle | SX 330845 | 2.6 | 131.4 | 11.49 | 0.47 |
| Polson Bridge | SX 356849 | 4.5 | 133.3 | 12.22 | 1.20 |
| Lifton | SX 387851 | 7.0 | 135.8 | 13.13 | 2.06 |
| | | | | 13.17 | |
| Dingles | SX 410864 | 9.0 | 137.8 | 13.50 | 2.39 |
| Lewdown | SX447866 | 12.1 | 140.9 | 14.55 | 3.44 |

| 25 August 2008 | | <i>Sunny intervals</i> | | | |
|--------------------------------|------------------|------------------------|--------------|--------------|-------------|
| Lewdown | SX 447866 | 0.0 | 140.9 | 12.34 | 0.00 |
| Galford Down (Lydford road) | SX 487861 | 3.4 | 144.3 | 13.40 | 1.06 |
| | | | | 13.52 | |
| Watergate Cross | SX 502871 | 5.7 | 146.6 | 14.40 | 1.54 |
| Bridestowe church | SX 514894 | 7.6 | 148.5 | 15.13 | 2.27 |

| 27 August 2008 | | <i>Grey with just occasional sunshine, stiff breeze on the tops</i> | | | |
|--------------------------|------------------|---|--------------|----------------|-------------|
| Bridestowe church | SX 514894 | 0.0 | 148.5 | 10.40 | 0.00 |
| Sourton | SX 534903 | 1.7 | 150.2 | 11.18 | 0.38 |
| High Willhays | SX 580891 | 5.4 | 153.9 | 12.54 | 2.14 |
| Yes Tor | SX 580901 | 6.0 | 154.5 | 13.11 | 2.31 |
| | | | | 13.20 | |
| Belstone Tor | SX 613920 | 9.5 | 158.0 | 14.34 | 3.45 |
| | | | | 14.46 | |
| Belstone | SX 618935 | 10.7 | 159.2 | 15.11 | 4.10 |
| Sticklepath | SX 644940 | 12.4 | 160.7 | 16.13 * | 5.12 |

* Delay out of Belstone, approx 20 mins – took path leading on to moor

| 2 October 2009 | | <i>Sunny intervals giving way to grey; light breeze</i> | | | |
|---------------------------|------------------|---|----------------|--------------|-------------|
| Sticklepath | SX 644940 | 0.0 | 160.7 | 13.08 | 0.00 |
| Ring Hill Cross | SX 672941 | 1.9 | 162.6 | 13.48 | 0.40 |
| Spreyton | SX 698967 | 4.7 | 165.4 | 14.44 | 1.36 |
| (Tom Cobley PH) | | | | 15.08 | |
| Coxmoor Cross | SX 706989 | 6.5 | 167.2 | 15.40 | 2.08 |
| Bow | SS 722017 | 8.9 | 169.6 | 16.20 | 2.48 |
| | | | | 16.25 | |
| Zeal Monachorum Ch | SS 721037 | 10.6 | 171.0 * | 17.08 | 3.31 |

* distance at Tuckingmill, SS 724035; Zeal village just off route

| 3 October 2009 | | <i>Light rain AM, heavier showers PM, sunny late</i> | | | |
|--------------------------|------------------|--|----------------|--------------|-------------|
| Zeal M (Waie Inn) | SS 721037 | 0.0 | 171.0 * | 09.25 | 0.00 |
| Down St Mary | SS 742043 | 1.9 | 172.6 | 10.09 | 0.44 |
| | | | | 10.17 | |
| A377 | SS 756041 | 2.8 | 173.6 | 10.33 | 1.00 |
| Morchard Bishop | SS 770075 | 5.7 | 176.4 | 12.02 ** | 2.29 |
| | | | | 12.31 | |
| Kennerleigh | SS 819074 | 9.1 | 179.8 | 13.45 | 3.43 |
| | | | | 13.57 | |
| Poughill | SS 857084 | 11.6 | 182.3 | 14.57 | 4.43 |
| Upham | SS 881082 | 13.3 | 184.0 | 15.42 | 5.28 |
| Little Silver | SS 916093 | 16.0 | 186.7 | 16.50 | 6.36 |
| Bickleigh | SS 937076 | 18.1 | 188.8 | 17.43 | 7.29 |

* distance at Tuckingmill, SS 724035

** delay approx 30 mins – wrong path from Slade

| 4 October 2009 | | <i>Overcast all day, rain mid-afternoon</i> | | | |
|--------------------------|------------------|---|--------------|--------------|-------------|
| Bickleigh | SS 937076 | 0.0 | 188.8 | 10.08 | 0.00 |
| Tiverton | SS 954124 | 3.8 | 192.6 | 11.30 | 1.12 |
| | | | | 12.44 | |
| Join Grand Western Canal | SS 987121 | 6.1 | 194.9 | 13.25 | 1.53 |
| Halberton | ST 006128 | 7.8 | 196.6 | 13.56 | 2.24 |
| | | | | 14.20 | |
| Sampford Peverell | ST 030140 | 9.8 | 198.6 | 14.55 | 2.59 |
| | | | | 15.03 | |
| Uffculme | ST 068127 | 13.0 | 201.8 | 16.01 | 3.57 |
| | | | | 16.10 | |
| Culmstock | ST 101137 | 15.4 | 204.2 | 17.07 | 4.54 |

| 5 October 2009 | | <i>Rain AM, visibility 200m, lifting but always overcast</i> | | | |
|----------------------------|------------------|--|--------------|--------------|-------------|
| Culmstock | ST 101137 | 0.0 | 204.2 | 09.53 | 0.00 |
| Wellington monument | ST 137172 | 3.4 | 207.6 | 11.05 | 1.12 |
| | | | | 11.11 | |
| Clayhidon | ST 162156 | 6.4 | 210.6 | 12.27 | 2.28 |
| | | | | 12.35 | |
| Burnworthy | ST 188158 | 8.5 | 212.7 | 13.45 | 3.38 |
| Blagdon Hill | ST 211180 | 11.4 | 215.6 | 14.52 | 4.45 |
| Pitminster | ST 221191 | 12.4 | 216.6 | 15.12 | 5.05 |
| | | | | 15.19 | |
| Trull | ST 217220 | 14.4 | 218.6 | 15.56 | 5.42 |
| Taunton (Bridge St) | ST 226248 | 16.8 | 221.0 | 16.53 | 6.39 |

| 08 October 2010 | | <i>Sunny intervals AM, periods PM; shower around New Bridge; E breeze</i> | | | |
|------------------------------|------------------|---|--------------|--------------|-------------|
| Taunton (Bridge St) | ST 226248 | 0.0 | 221.0 | 11.03 | 0.00 |
| Creech St Michael | ST 272255 | 3.5 | 224.5 | 11.56 | 0.53 |
| New Bridge | ST 316269 | 6.9 | 227.9 | 12.55 | 1.52 |
| | | | | 13.00 | |
| Stoke St Gregory | ST 347272 | 9.5 | 230.5 | 13.55 | 2.47 |
| (Royal Oak PH) | | | | 15.02 | |
| Stathe | ST 375290 | 11.9 | 232.9 | 15.58 | 3.43 |
| | | | | 16.06 | |
| Aller Church | ST 396288 | 14.1 | 235.1 | 16.48 | 4.25 |
| | | | | 17.00 | |
| Aller (Old Pound Inn) | ST 400292 | 14.6 | 235.6 | 17.08 | 4.33 |

| 09 October 2010 | | <i>Grey and humid, a little brighter after Glastonbury. Easterly breeze</i> | | | |
|------------------------------|------------------|---|--------------|--------------|-------------|
| Aller (Old Pound Inn) | ST 400292 | 0.0 | 235.6 | 9.35 | 0.00 |
| High Ham | ST 425311 | 2.8 | 238.4 | 10.32 | 0.57 |
| | | | | 10.40 | |
| Pitney Steart Bridge | ST 452308 | 4.8 | 240.4 | 11.15 | 1.32 |
| Ivy Thorn Hill | ST 481344 | 9.1 | 244.7 | 12.48 | 3.05 |
| | | | | 13.00 | |
| Street | ST 484368 | 10.7 | 246.3 | 13.28 | 3.33 |
| Glastonbury Tor | ST 512386 | 13.2 | 248.8 | 14.22 | 4.27 |
| | | | | 14.37 | |
| Glastonbury | ST 498389 | 14.4 | 250.0 | 15.05 | 4.55 |
| (Market Place) | | | | 15.57 | |
| Crannel Moor | ST 515419 | 16.9 | 252.5 | 16.40 | 5.38 |
| Coxley (Pound Inn) | ST 528346 | 19.1 | 254.7 | 17.30 | 6.28 |

| 10 October 2010 | | <i>Greyish start but sun building and dispersing haze all day. Stiff NE wind</i> | | | |
|------------------------------|------------------|--|--------------|--------------|-------------|
| Coxley (Pound Inn) | ST 528346 | 0.0 | 254.7 | 9.39 | 0.00 |
| Wells | ST 550457 | 2.4 | 257.1 | 10.25 | 0.46 |
| (Market Place) | | | | 11.24 | |
| Wookey Hole | ST 531477 | 4.7 | 259.4 | 12.14 | 1.36 |
| | | | | 12.45 | |
| Lower Pitts Farm | ST 540504 | 7.3 | 262.0 | 13.45 | 2.36 |
| Red Quarr Farm | ST 560519 | 9.1 | 263.8 | 14.25 | |
| Litton church | ST 593546 | 12.4 | 267.1 | 16.03 * | 4.14 |
| | | | | 16.18 | |
| Hallatrow (O Stn Inn) | ST 633570 | 15.6 | 270.3 | 17.23 | 5.29 |

* wrong field below Hook's Hill led to approx 25 mins delay

| 11 October 2010 | | <i>Sunny periods giving way to sun. NE breeze</i> | | | |
|-------------------------------|------------------|---|--------------|--------------|---------------|
| Hallatrow (O Stn Inn) | ST 633570 | 0.0 | 270.3 | 9.08 | 0.00 |
| Camerton | ST 681579 | 3.4 | 273.7 | 10.19 | 1.11 |
| Dunkerton church | ST 711592 | 5.8 | 276.1 | 11.22 | 2.14 |
| | | | | 11.33 | |
| Combe Hay | ST 735598 | 7.6 | 277.9 | 12.05 | 2.46 |
| Midford | ST 760606 | 9.8 | 280.1 | 12.55 | 3.36 |
| (Hope & Anchor PH) | | | | 14.29 | |
| Dundas Aqueduct | ST 783626 | 12.1 | 282.4 | 15.20 | 4.27 |
| | | | | 15.27 | |
| Bathampton | ST 777664 | 15.2 | 285.5 | 16.17 | 5.17 |
| Bath Spa station | ST 752643 | 17.7 | 288.0 | 17.27 | 6.27 * |

* towpath works led to diversion and delayed relocation, approx 15 mins delay

| 12 October 2011 | | <i>Grey, drizzle all around but avoided</i> | | | |
|---------------------------|------------------|---|--------------|------------------|-------------|
| Bath Spa station | ST 752643 | 0.0 | 288.0 | <i>not noted</i> | |
| Bath Abbey | ST 751648 | 0.4 | 288.4 | 12.00 | 0.00 |
| Weston | ST 730663 | 2.6 | 290.6 | 12.51 | 0.51 |
| Prospect stile | ST 713683 | 4.8 | 292.8 | 13.32 | 1.32 |
| | | | | 14.00 | |
| Grenville monument | ST 722703 | 7.6 | 295.6 | 14.54 | 2.26 |
| Cold Ashton (A420) | ST 749729 | 10.8 | 298.8 | 15.55 | 3.27 |

| 13 October 2011 | | <i>Overcast, a little brighter later</i> | | | |
|---------------------------------|------------------|--|--------------|--------------|-------------|
| Cold Ashton (A420) | ST 749729 | 0.0 | 298.8 | 9.48 | 0.00 |
| Dyrham | ST 739756 | 2.2 | 301.0 | 10.50 | 1.02 |
| Tormarton church | ST 769788 | 6.2 | 305.0 | 12.00 | 2.12 |
| | | | | 12.10 | |
| Old Sodbury (Dog PH) | ST 753815 | 8.5 | 307.3 | 13.03 | 3.05 |
| | | | | 14.03 | |
| Horton | ST 761842 | 10.8 | 309.6 | 14.54 | 3.56 |
| Somerset monument | ST 774876 | 13.7 | 312.5 | 15.54 | 4.56 |
| | | | | 16.03 | |
| L. Kilcott (Bridge Farm) | ST 786891 | 15.1 | 313.9 | 16.31 | 5.24 |

| 14 October 2011 | | <i>All-day sun</i> | | | |
|---|------------------|--------------------|----------------|--------------|-------------|
| Lower Kilcott | ST 786891 | 0.0 | 313.9 | 9.08 | 0.00 |
| Alderley | ST 768907 | 1.6 | 315.5 | 9.41 | 0.33 |
| Wotton-under-Edge (Wotton coffee shop) | ST 757932 | 5.6 | 319.5 | 10.58 | 1.50 |
| | | | | 11.15 | |
| North Nibley | ST 740958 | 8.0 | 321.9 | 11.58 | 2.33 |
| | | | | 12.03 | |
| Stinchcombe Hill (S. top) | ST 736980 | 10.5 | 324.4 | 12.57 | 3.27 |
| | | | | 13.07 | |
| Dursley (Old Spot Inn) | ST 754981 | 12.7 | 326.6 | 13.53 | 4.13 |
| | | | | 14.36 | |
| Crawley | ST 786993 | 15.3 | 329.2 | 15.45 | 5.22 |
| Coaley Peak | SO 794009 | 16.6 | 330.5 | 16.14 | 5.51 |
| | | | | 16.24 | |
| Middleyard | SO 818032 | 19.4 | 333.3 | 17.13 | 6.40 |
| St'house (Merton Lo.) | SO 815047 | 20.7 | 334.5 * | 17.41 | 7.08 |

* Merton Lodge is 0.1m from Cotswold Way, hence discrepancy with day miles

| 15 October 2011 | | <i>Long sunny periods</i> | | | |
|------------------------|------------------|---------------------------|----------------|--------------|-------------|
| Stonehouse | SO 813047 | 0.0 | 334.5 * | 9.09 | 0.00 |
| Haresfield Beacon | SO 820088 | 4.3 | 338.7 | 10.36 | 1.27 |
| | | | | 10.49 | |
| Edge | SO 849091 | 6.7 | 341.1 | 11.36 | 2.14 |
| Painswick | SO 866097 | 8.1 | 342.5 | 12.13 | 2.51 |
| (Oliva's) | | | | 13.02 | |
| Cranham Corner | SO 882130 | 10.7 | 345.1 | 13.53 | 3.42 |
| Cooper's Hill | SO 892147 | 12.4 | 346.8 | 14.20 | 4.09 |
| The Peak | SO 923150 | 15.7 | 350.1 | 15.29 | 5.18 |
| | | | | 15.42 | |
| Crickley Hill | SO 934161 | 16.9 | 351.3 | 16.05 | 5.41 |

* Merton Lodge is 0.1m from Cotswold Way

| 16 October 2011 | | <i>Greyish start but sun building and dispersing haze all day. Stiff NE wind</i> | | | |
|---------------------------------|------------------|--|--------------|--------------|-------------|
| Crickley Hill | SO 934161 | 0.0 | 351.3 | 10.12 | 0.00 |
| Ullenwood | SO 942170 | 1.9 | 353.2 | 11.06 | 0.54 |
| Leckhampton Hill | SO 949184 | 3.6 | 354.9 | 11.50 | 1.38 |
| | | | | 12.05 | |
| Seven Springs | SO 968171 | 5.5 | 356.7 * | 12.45 | 2.18 |
| | | | | 13.07 | |
| Westley Hill | SO 975182 | 6.5 | 357.6 | 13.27 | 2.38 |
| | | | | 13.55 | |
| Dowdeswell | SO 986196 | 8.2 | 359.3 | 14.37 | 3.20 |
| Puckham Road | SO 993225 | 10.1 | 361.2 | 15.30 | 4.13 |
| Prestbury Hill | SO 991235 | 11.0 | 362.1 | 15.51 | 4.34 |
| | | | | 16.14 | |
| Cleeve Hill | SO 985263 | 13.0 | 364.1 | 16.58 | 4.18 |
| | | | | 17.02 | |
| Cleeve Hill (Rising Sun) | SO980266 | 13.4 | | 17.12 | 4.28 |

* Seven Springs PH is 0.1m off route from Cotswold Way

| 17 October 2011 | | <i>Sunny periods giving way to sun. NE breeze</i> | | | |
|---------------------------------|------------------|---|--------------|--------------|-------------|
| Cleeve Hill (Rising Sun) | SO 980266 | 0.0 | | 10.05 | 0.00 |
| Cleeve Hill (below) | SO 985265 | 0.3 | 364.2 | 10.17 | 0.12 |
| Belas Knap | SP 021254 | 4.2 | 368.1 | 11.56 | 1.51 |
| | | | | 12.15 | |
| Winchcombe | SP 025283 | 6.6 | 370.5 | 13.02 | 2.38 |
| (Old White Lion) | | | | 14.07 | |
| Hailes Abbey | SP 050301 | 8.7 | 372.6 | 14.56 | 3.27 |
| | | | | 15.30 | |
| Stumps Cross | SP 075303 | 10.8 | 374.7 | 16.24 | 4.21 |
| Wood Stanway | SP 063312 | 11.9 | 375.8 | 16.51 | 4.48 |

| 18 October 2011 | | | | | |
|---------------------------------|------------------|-------------|--------------|------------------------------|-------------|
| Wood Stanway | SP 063312 | 0.0 | 375.8 | 9.16 | 0.00 |
| Stanton | SP 069342 | 2.2 | 378.0 | 10.12 10.15 | 0.56 |
| Shenberrow Hill | SP 081336 | 3.4 | 379.2 | 10.56 | 1.37 |
| Broadway (Roberto's) | SP 094375 | 6.3 | 382.1 | 12.05 13.25 | 2.46 |
| Broadway Tower | SP 113362 | 8.0 | 383.8 | 14.14 14.48 | 3.25 |
| Dover's Hill | SP 136396 | 11.0 | 386.8 | 15.51 16.00 | 4.28 |
| Chipping Campden | SP 151391 | 12.3 | 388.1 | 16.26 | 4.54 |

| 12 October 2012 <i>Sunny periods, brisk W breeze</i> | | | | | |
|---|------------------|-------------|--------------|------------------------------|-------------|
| Chipping Campden | SP 151391 | 0.0 | 388.1 | 11.53 | 0.00 |
| Mickleton | SP 162435 | 3.4 | 391.5 | 13.04 13.14 | 1.11 |
| Lower Quinton (College Arms PH) | SP 178471 | 6.6 | 394.4 | 14.15 15.00 | 2.12 |
| Preston on Stour | SP 203499 | 9.1 | 397.2 | 15.52 16.04 | 3.04 |
| Clifford Chambers | SP 198520 | 10.6 | 398.7 | 16.35 | 3.35 |
| Stratford-upon-Avon * | SP 197548 | 13.3 | 401.4 | 17.25 | 4.25 |

* Stretton House B&B

| 13 October 2012 <i>Sunny periods, light winds, a little cool</i> | | | | | |
|---|------------------|-------------|--------------|------------------------------|-------------|
| Stratford-upon-Avon * | SP 197548 | 0.0 | 401.4 | 9.18 | 0.00 |
| Wilmcote | SP 167583 | 3.3 | 404.7 | 10.09 | 0.51 |
| Wootton Wawen (bridge 53) | SP 159631 | 6.9 | 408.3 | 11.08 11.16 | 1.50 |
| Preston Bagot | SP 173653 | 8.7 | 410.1 | 11.47 | 2.21 |
| Lowsonford (Fleur-de-Lys PH) | SP 187678 | 10.9 | 412.3 | 12.24 14.25 | 2.58 |
| Kingsford Junction | SP 187707 | 12.8 | 414.2 | 15.04 15.14 | 3.37 |
| Hockley Heath | SP 152725 | 15.7 | 417.1 | 15.56 | 4.19 |
| Salter Street church | SP 122749 | 18.4 | 419.7 ** | 16.46 17.02 | 5.09 |
| Whitlock's End station | SP 102771 | 21.0 | 422.3 | 17.50 | 5.57 |

* Stretton House B&B

** church is <0.1m off direct line

| 14 October 2012 <i>Sunny periods, light winds, a little cool</i> | | | | | |
|---|------------------|-------------|----------------|--------------|-------------|
| Whitlock's End station | SP 102771 | 0.0 | 422.3 | 10.00 | 0.00 |
| Highter's Heath | SP 078796 | 2.9 | 425.2 | 10.48 | 0.48 |
| King's Norton | SP 053794 | 4.8 | 427.1 | 11.20 | 1.20 |
| | | | | 11.35 | |
| University | SP 043486 | 7.8 | 430.1 | 12.23 | 2.08 |
| Birmingham | SP 061865 | 10.2 | 432.5 | 13.00 | 2.45 |
| (Canalside café) | | | | 14.26 | |
| Smethwick | SP 015893 | 13.8 | 436.1 | 15.30 | 3.49 |
| Sandwell Park | SP 018912 | 15.4 | 437.7 | 16.00 | 4.19 |
| | | | | 16.15 | |
| Great Barr Hotel | SP 028939 | 17.8 | 439.9 * | 16.58 | 5.02 |

* cumulative distance at SP 027938; hotel is 0.2m off direct line

| 15 October 2012 <i>Sunny intervals AM, light rain PM</i> | | | | | |
|---|------------------|-------------|----------------|--------------|-------------|
| Great Barr Hotel | SP 028939 | 0.0 | 439.9 * | 09.35 | 0.00 |
| A34 | SP 039958 | 2.2 | 441.9 | 10.20 | 0.45 |
| Barr Beacon | SP 061972 | 4.2 | 443.9 | 10.55 | 1.20 |
| | | | | 11.08 | |
| Hayhead Wood | SP 041990 | 6.6 | 446.3 | 11.55 | 1.57 |
| Rushall church | SP 024999 | 8.2 | 447.9 | 12.30 | 2.32 |
| | | | | 12.45 | |
| Little Bloxwich | SK 008029 | 11.5 ** | 451.2 | 13.36 | 3.22 |
| York's Bridge | SK 022044 | 13.3 | 453.0 | 14.11 | 3.57 |
| Brownhills West | SK 032072 | 16.1 | 455.8 | 15.00 | 4.42 |
| | | | | 15.10 | |
| A5190 | SK 032096 | 17.7 | 457.4 | 15.44 | 5.16 |
| Gentleshaw (Redmore) | SK 046111 | 19.4 | 459.1 | 16.23 | 5.55 |

* cumulative distance at 027938; hotel is 0.2m off direct line

** includes 0.5 miles off Beacon Way due to route uncertainty

| 16 October 2012 <i>Blustery W wind, sunny intervals</i> | | | | | |
|--|------------------|-------------|--------------|--------------|-------------|
| Gentleshaw (Redmore) | SK 046111 | 0.0 | 459.1 | 10.31 | 0.00 |
| Wandon | SK 039146 | 2.9 | 462.0 | 11.31 | 1.00 |
| Cannock Chase | SK 004153 | 5.3 | 464.4 | 12.15 | 1.44 |
| visitor centre | | | | 13.00 | |
| Trig point 194 | SJ 980181 | 8.5 | 467.6 | 14.05 | 2.49 |
| | | | | 14.10 | |
| Milford | SJ 973210 | 11.0 | 470.1 | 15.02 | 3.41 |
| | | | | 15.15 | |
| Join Staffs & Worcs canal | SJ 975216 | 11.5 | 470.6 | | |
| Baswich Lane | SJ 946228 | 13.8 | | 16.07 | 4.33 |
| Stafford (Asda) | SJ 925330 | 15.2 | | 16.45 | 5.11 |

| 11 September 2013 | | <i>Drizzly start, rain after Colton</i> | | | |
|---------------------------|------------------|---|--------------|--------------|-------------|
| Milford | SJ 973212 | 0.0 | 470.1 | 12.22 | 0.00 |
| Join Staffs & Worcs canal | SJ 975216 | 0.5 | 470.6 | | |
| Great Haywood | SJ 995226 | 2.3 | 472.4 | 13.13 | 0.51 |
| Colton | SK 047205 | 6.7 | 476.8 | 14.38 | 2.26 |
| | | | | 14.47 | |
| Blithfield reservoir | SK 069224 | 8.8 | 478.9 | 15.30 | 3.09 |
| Abbots Bromley | SK 080245 | 11.1 | 481.2 | 16.16 | 3.55 |

| 12 September 2013 | | <i>Overcast start, sunny periods PM, a little cloudier later</i> | | | |
|--------------------------|------------------|--|----------------|--------------|-------------|
| Abbots Bromley | SK 080245 | 0.0 | 481.2 | 09.12 | 0.00 |
| Bagot's Park | SK 090269 | 2.3 | 483.5 | 10.05 | 0.53 |
| Scounslow Green | SK 089300 | 4.9 | 486.1 | 11.02 | 1.50 |
| Uttoxeter | SK 094332 | 7.4 | 488.3 * | 11.52 | 2.40 |
| (Col Mustard's) | | | | 12.15 | |
| Eaton Hall Farm | SK 106362 | 10.0 | 490.7 | 13.13 | 3.38 |
| Rocester | SK 112393 | 12.6 | 493.2 | 14.09 | 4.34 |
| | | | | 14.19 | |
| Lower Ellastone | SK 119426 | 14.9 | 495.5 | 15.11 | 5.26 |
| | | | | 15.17 | |
| Mayfield turn | SK 142462 | 18.1 | 498.8 | 16.33 | 6.42 |
| Mayfield | SK 155454 | 19.2 | | 17.03 | 7.12 |

* at Bridge Street, SK 094333

| 13 September 2013 | | <i>Overcast start, sunny periods PM, a little cloudier later</i> | | | |
|--------------------------|------------------|--|--------------|--------------|-------------|
| Mayfield | SK 155454 | 0.0 | | 10.22 | 0.00 |
| Mayfield turn | SK 142462 | 1.0 | 498.8 | 10.54 | 0.32 |
| A52 | SK 139476 | 2.0 | 499.8 | 11.22 | 1.00 |
| Thorpe | SK 155500 | 4.3 | 502.1 | 12.16 | 1.54 |
| | | | | 12.23 | |
| Tissington | SK 176522 | 6.4 | 504.2 | 13.08 | 2.39 |
| (Old Coach House) | | | | 13.36 | |
| Parwich | SK 187543 | 7.9 | 505.7 | 14.17 | 3.20 |
| | | | | 14.22 | |
| Brassington | SK 231549 | 11.1 | 508.9 | 15.34 | 4.32 |
| | | | | 15.41 | |
| Grangemill | SK 243576 | 13.2 | 511.0 | 16.30 | 5.21 |
| Upper Town | SK 272582 | 15.7 | 513.5 | 17.36 | 6.27 |
| Matlock | SK 297601 | 18.1 | | 18.30 | 7.21 |

| 24 April 2014 | | <i>Sunny periods, becoming hazy, practically no wind</i> | | | |
|-------------------------------|------------------|--|--------------|--------------|-------------|
| Upper Town | SK 272582 | 0.0 | 513.5 | 13.46 | 0.00 |
| Winster (above) | SK 242601 | 2.5 | 516.0 | 14.41 | 0.55 |
| | | | | 14.51 | |
| Elton | SK 229610 | 3.7 | 517.2 | 15.11 | 1.15 |
| Bradford Dale | SK 211640 | 6.5 | 520.0 | 16.11 | 2.15 |
| | | | | 16.20 | |
| Cales Dale | SK 173652 | 9.9 | 523.4 | 17.37 | 3.32 |
| | | | | 17.45 | |
| Monyash | SK 149665 | 11.7 | 525.2 | 18.22 | 4.09 |
| Lathkill Dale campsite | SK 155664 | 12.1 | | 18.29 | 4.16 |

| 25 April 2014 | | <i>Overcast, rain setting in PM, though drier in Castleton</i> | | | |
|-------------------------------|-------------------|--|--------------|--------------|-------------|
| Lathkill Dale campsite | SK 155664 | 0.0 | | 09.28 | 0.00 |
| Monyash | SK 149665 | 0.4 | 525.2 | 09.35 | 0.07 |
| Flagg | SK 136683 | 2.0 | 526.8 | 10.08 | 0.40 |
| Waterloo Inn (A6) | SK 132714 | 4.5 | 529.3 | 10.51 | 1.23 |
| | | | | 10.58 | |
| Miller's Dale | SK 141733 | 6.1 | 530.9 | 11.33 | 1.58 |
| | | | | 11.50 | |
| Dale Head | SK 122764 | 8.9 | 532.7 | 13.00 | 3.08 |
| A623 | SK 124787 | 10.9 | 534.7 | 13.47 | 3.55 |
| Castleton | SK 149827 | 14.2 | 538.0 | 15.20 | 5.28 |
| (Causeway Tea Room) | | | | 16.00 | |
| Hollins Cross | SK 135844 | 15.7 | 539.5 | 16.47 | 6.15 |
| Edale (Fieldhead) | SK 1248570 | 16.8 | 540.6 | 17.10 | 6.38 |

| 26 April 2014 | | <i>Sunny intervals becoming periods, hail shower on descent, SE wind</i> | | | |
|--------------------------|-------------------|--|--------------|--------------|-------------|
| Edale (Fieldhead) | SK 1248570 | 0.0 | 540.6 | 09.12 | 0.00 |
| Edale | SK 122859 | 0.2 | 540.8 | 09.17 | 0.05 |
| (Cooper's café) | | | | 09.47 | |
| Upper Booth | SK 102853 | 1.6 | 542.2 | 10.18 | 0.36 |
| Kinder Low | SK 078870 | 3.8 | 544.4 | 11.17 | 1.35 |
| | | | | 11.23 | |
| Kinder Downfall | SK 082888 | 5.1 | 545.7 | 11.53 | 2.05 |
| Mill Hill | SK 061903 | 6.8 | 547.4 | 12.45 | 2.57 |
| | | | | 12.58 | |
| Snake Pass | SK 088929 | 9.3 | 549.9 | 13.45 | 3.44 |
| | | | | 13.53 | |
| Bleaklow Head | SK 092959 | 11.6 | 552.2 | 14.50 | 4.41 |
| | | | | 15.15 | |
| B6105 | SK 057980 | 14.8 | 555.4 | 16.47 * | 6.13 |
| Leave Pennine Way | SK 068990 | 16.3 | 556.9 | 17.17 | 6.43 |
| Crowden camp site | SK 071993 | 16.6 | | 17.23 | 6.49 |

* sheltered 10 mins in hail storm on descent

| 27 April 2014 | | <i>Overcast start, sunny ints later, NE breeze; with Kerry from Meltham</i> | | | |
|--------------------------|------------------|---|--------------|--------------|-------------|
| Crowden camp site | SK 071993 | 0.0 | | 09.12 | 0.00 |
| Join Pennine Way | SK 068990 | 0.3 | 556.9 | 09.19 | 0.07 |
| Laddow Rocks | SE 057016 | 2.1 | 558.7 | 10.22 | 1.10 |
| | | | | 10.31 | |
| Black Hill | SE 078046 | 4.6 | 561.2 | 11.35 | 2.14 |
| | | | | 12.00 | |
| Leave Pennine Way | SE 076069 | 6.2 | 562.8 | 12.39 | 2.53 |
| A635 | SE 094078 | 7.4 | 564.0 | 13.08 | 3.22 |
| Meltham | SE 099106 | 9.4 | 566.0 | 13.54 | 4.08 |
| | | | | 14.00 | |
| Armitage Bridge | SE 132137 | 13.1 | | 15.30 | 5.38 |

| 13 October 2014 | | <i>Showers and longer periods of rain, stiff NE wind</i> | | | |
|--------------------------|------------------|--|--------------|--------------|-------------|
| Meltham | SE 099106 | 0.0 | 566.0 | 08.59 | 0.00 |
| Deer Hill Reservoir | SE 072116 | 2.3 | 568.3 | 09.48 | 0.49 |
| | | | | 09.52 | |
| Netherley | SE 045107 | 4.6 | 570.6 | 10.45 | 1.42 |
| Snow Stone | SE 031107 | 6.2 | 572.2 | 11.39 | 2.36 |
| | | | | 11.51 | |
| White Hill | SD 990131 | 10.0 | 576.0 | 13.29 | 4.14 |
| | | | | 13.36 | |
| Robin Hood's Bed | SD 972161 | 12.5 | 578.5 | 14.24 | 5.02 |
| | | | | 14.30 | |
| White House PH | SD 968179 | 14.0 | 580.0 | 15.03 | 5.35 |
| | | | | 15.17 | |
| Rain Stone | SD 963193 | 15.2 | 581.2 | 15.48 | 6.06 |
| | | | | 15.58 | |
| Two Lads | SD 983211 | 18.1 | 584.1 | 17.00 | 7.08 |
| Cragg Vale church | SE 000232 | 20.2 | 582.2 | 17.57 | 8.05 |

| 14 October 2014 | | <i>Overcast, showers and drizzle early PM, stiff NE wind moderating</i> | | | |
|--------------------------|------------------|---|--------------|--------------|-------------|
| Cragg Vale church | SE 000232 | 0.0 | 582.2 | 11.01 | 0.00 |
| Mytholmroyd * | SE 013261 | 2.3 | 584.4 | 11.55 | 0.54 |
| Churn Milk Joan | SE 017276 | 3.8 | 585.9 | 12.49 | 1.48 |
| High Brown Knoll | SE 009303 | 6.5 ** | 588.3 | 13.53 | 2.52 |
| | | | | 14.08 | |
| Mist Stone | SE 035327 | 9.2 | 591.0 | 15.15 | 3.59 |
| Oxenhope Lower Town | SE 034348 | 11.6 | 593.4 | 16.10 | 4.54 |
| Haworth | SE 030371 | 13.4 | 595.2 | 16.50 | 5.34 |

* Ted Hughes' birthplace, <0.1m off line ** strayed too high onto moor (SE 012289)

| 15 October 2014 | | <i>Rain AM, becoming more showery, E wind slowly moderating</i> | | | |
|------------------------|------------------|---|--------------|--------------|-------------|
| Haworth | SE 030371 | 0.0 | 595.2 | 10.00 | 0.00 |
| Newsholme church | SE 021397 | 2.7 | 597.9 | 11.16 | 1.16 |
| | | | | 11.24 | |
| Ellers Road | SE 011427 | 5.0 | 600.2 | 12.34 | 2.26 |
| Silsden Bridge | SE 038451 | 8.4 | 603.6 | 13.50 | 3.42 |
| | | | | 13.56 | |
| Dew Stones | SE 074449 | 11.9 | 607.1 | 15.18 | 5.04 |
| | | | | 15.27 | |
| East Buck Stones | SE 094456 | 15.4 | 610.6 | 16.35 | 6.12 |
| Puddle Stone | SE 111452 | 16.5 | 611.7 | 17.03 | 6.40 |
| Beck Stone | SE 127467 | 18.7 | 613.9 | 17.56 | 7.33 |
| Ilkley | SE 117476 | 19.6 | 614.8 | 18.09 | 7.46 |

| 16 October 2014 | | <i>Rain AM, becoming more showery, E wind slowly moderating</i> | | | |
|------------------------|------------------|---|--------------|--------------|-------------|
| Ilkley | SE 117476 | 0.0 | 614.8 | 09.15 | 0.00 |
| Addingham church | SE 084497 | 3.0 | 617.8 | 10.11 | 0.56 |
| Bolton Abbey | SE 074451 | 6.4 | 621.2 | 11.24 | 2.09 |
| | | | | 11.38 | |
| Barden Bridge | SE 052574 | 9.7 | 624.5 | 12.40 | 3.11 |
| | | | | 12.53 | |
| Burnsall | SE 032611 | 13.4 | 628.2 | 14.04 | 4.22 |
| (Red Lion PH) | | | | 14.31 | |
| Grassington | SE 002639 | 16.8 | 631.6 | 15.39 | 5.30 |

| 8 May 2015 | | <i>Light rain becoming heavier, light S wind</i> | | | |
|------------------------------|------------------|--|--------------|--------------|-------------|
| Grassington | SE 002639 | 0.0 | 631.6 | 14.50 | 0.00 |
| Scot Gate Lane | NY 992682 | 2.9 | 634.5 | 15.52 | 1.02 |
| Kettlewell (campsite) | NY 971721 | 5.9 | 637.5 | 16.47 | 1.57 |

| 9 May 2015 | | <i>Overcast, slowly brightening from mid-PM, W breeze</i> | | | |
|------------------------------|------------------|---|--------------|--------------|-------------|
| Kettlewell (campsite) | NY 971721 | 0.0 | 637.5 | 10.14 | 0.00 |
| Starbotton bridge | NY 950744 | 2.2 | 639.7 | 11.11 | 0.57 |
| Buckden old bridge | NY 939773 | 4.3 | 641.8 | 11.52 | 1.38 |
| Hubberholme | NY 925781 | 5.4 | 642.9 | 12.13 | 1.59 |
| (George Inn) | | | | 12.40 | |
| Beckermonds | NY 873802 | 9.3 | 646.8 | 14.02 | 3.21 |
| | | | | 14.10 | |
| Nethergill Farm | NY 861821 | 10.9 | 648.4 | 14.40 | 3.51 |
| | | | | 14.55 | |
| Cam Houses | NY 823820 | 13.4 | 650.9 | 15.42 | 4.38 |
| Newby Head | NY 795837 | 16.6 | 654.1 | 17.05 | 6.01 |
| Artengill Beck | NY 792861 | 18.8 | 656.3 | 17.50 | 6.46 |

Wild camp in vicinity of Artengill Beck

| 10 May 2015 | | <i>Overcast, stiffish SW wind on tops</i> | | | |
|------------------------------|------------------|---|----------------|----------------|-------------|
| Artengill Beck | NY 972861 | 0.0 | 656.3 | 08.33 | 0.00 |
| Great Knoutberry Hill | NY 788871 | 0.9 | 657.2 | 09.01 09.10 | 0.28 |
| Garsdale station | NY 787917 | 4.5 | 660.8 | 10.26 10.36 | 1.44 |
| Flust Gill | NY 770943 | 6.7 | 663.0 | 11.27 | 2.35 |
| Swarth Fell | NY 755966 | 8.6 | 664.9 | 12.28 12.44 | 3.36 |
| Wild Boar Fell | NY 758988 | 10.5 | 666.8 | 13.27 13.37 | 4.19 |
| Moor Pot (to E) | NY 765024 | 13.0 | 669.3 | 14.40 | 5.22 |
| Lammerside Castle | NY 772047 | 14.9 | 671.2 | 15.20 | 6.02 |
| Kirkby Stephen (P Vw) | NY 770074 | 17.0 | 673.1 * | 16.02 | 6.44 |

* Cumulative distance at NY 769064; stayed at Pennine View campsite, 0.2m off direct line

| 11 May 2015 | | <i>Mostly overcast, a little brighter later, strong SW wind</i> | | | |
|--------------------------------|------------------|---|--------------|----------------|-------------|
| Kirkby Stephen (P Vw) | NY 770074 | 0.0 | 673.1 | 10.13 | 0.00 |
| Smardale | NY 740081 | 3.4 | 676.3 | 11.40 | 1.27 |
| Soulby | NY 748110 | 5.7 | 678.6 | 12.22 12.32 | 2.09 |
| Warcop Bridge | NY 742150 | 8.6 | 681.5 | 13.37 13.47 | 3.14 |
| Great Ormside | NY 700172 | 11.7 | 684.6 | 14.54 15.12 | 4.21 |
| Appleby (Midland H'tel) | NY 686206 | 14.8 | 687.7 | 16.24 | 5.33 |

| 20 October 2015 | | <i>Sunny intervals giving way to cloud cover</i> | | | |
|------------------------|------------------|--|--------------|----------------|-------------|
| Appleby station | NY 686206 | 0.0 | 687.7 | 09.45 | 0.00 |
| Harbour Flatt | NY 720322 | 3.2 | 690.9 | 11.04 | 1.19 |
| High Cupgill Head | NY 746261 | 5.8 | 693.5 | 12.32 12.53 | 2.47 |
| Birkdale | NY 804278 | 9.7 | 697.4 | 14.29 | 4.23 |
| Caldron Snout | NY 811308 | 10.6 | 698.3 | 14.49 15.04 | 4.43 |
| Weelhead Sike | NY 811308 | 12.3 | 700.0 | 15.40 | 5.19 |
| Backside bothy | NY 794319 | 13.6 | 701.3 | 16.05 | 5.44 |

| 21 October 2015 | | <i>Cloudy start, sunny periods developing, hazy later</i> | | | |
|------------------------|------------------|---|--------------|--------------|-------------|
| Backside bothy | NY 794319 | 0.0 | 701.3 | 09.02 | 0.00 |
| Viewing Hill | NY 788332 | 1.1 | 702.4 | 09.35 | 0.33 |
| Moor House turn | NY 761339 | 3.0 | 704.3 | 10.42 | 1.40 |
| | | | | 10.53 | |
| Round Hill | NY 744361 | 4.9 | 706.2 | 11.43 | 2.30 |
| | | | | 11.56 | |
| Hole House | NY 759387 | 7.5 | 708.6 | 13.07 | 3.41 |
| Ashgill Force | NY 758404 | 8.7 | 710.2 | 13.38 | 4.12 |
| | | | | 13.53 | |
| Flinty Fell | NY 772422 | 10.6 | 711.9 | 14.58 | 5.17 |
| | | | | 15.03 | |
| Nentsberry | NY 766450 | 13.0 | 714.3 | 16.07 | 6.21 |

| 22 October 2015 | | <i>Showers AM, cloud 1700ft. Sunny intervals PM. Blustery W wind.</i> | | | |
|-----------------------------|------------------|---|--------------|--------------|-------------|
| Nentsberry | NY 766450 | 0.0 | 714.3 | 09.09 | 0.00 |
| The Dodd | NY 791458 | 2.1 | 716.4 | 10.20 | 1.11 |
| | | | | 10.24 | |
| Middleside | NY 779502 | 5.1 | 719.4 | 11.25 | 2.12 |
| Ninebanks church | NY 782524 | 6.6 | 720.9 | 11.58 | 2.45 |
| | | | | 12.14 | |
| Monk | NY 783565 | 10.1 | 724.4 | 13.40 | 4.11 |
| Catton Beacon | NY 822592 | 13.8 | 728.1 | 15.10 | 5.41 |
| | | | | 15.22 | |
| East Deanraw Lane | NY 824626 | 16.4 | 730.7 | 16.22 | 6.41 |
| Haydon Bdge campsite | NY 839639 | 17.7 | 732.0 | 16.50 | 7.09 |

| 23 October 2015 | | <i>Showers AM, cloud 1700ft. Sunny intervals PM. Blustery W wind.</i> | | | |
|-----------------------------|------------------|---|--------------|--------------|-------------|
| Haydon Bdge campsite | NY 839639 | 0.0 | 732.0 | 09.07 | 0.00 |
| Haydon Bridge | NY 842643 | 0.5 | 732.5 | 09.16 | 0.09 |
| | | | | 09.29 | |
| Fell House Lane | NY 846663 | 2.2 | 734.4 | 10.22 | 1.02 |
| Newbrough church | NY 868679 | 4.2 | 736.4 | 10.54 | 1.34 |
| | | | | 10.58 | |
| Brocolitia mithraeum | NY 858710 | 6.7 | 738.7 | 11.58 | 2.34 |
| | | | | 12.07 | |
| Ward Lane | NY 844751 | 9.5 | 741.5 | 13.18 | 3.45 |
| | | | | 13.43 | |
| Join Pennine Way | NY 823784 | 12.8 | 744.8 | 14.56 | 4.58 |
| Shitlington Crags | NY 830808 | 14.4 | 746.4 | 15.39 | 5.41 |
| | | | | 15.50 | |
| Bellingham bunkhouse | NY 839833 | 17.1 | 749.1 | 16.41 | 6.32 |