

Cross-Scotland logs

	GR	Day miles	Route	time	elapsed
18 October 2007	<i>Sunny, high cloud, no wind, cool</i>				
Burnmouth	NT 954610	0.0		13.53	0.00
Border	NT 979575	2.9	0.0	14.59	1.06
				15.08	
Lamberton Beach	NT 970584	3.7	0.8	15.23	1.21
				15.28	
Burnmouth	NT 954610	5.8	2.9	16.16	2.09
Eyemouth	NT 943644	9.3	6.4	17.27	3.20

19 October 2007	<i>Sunny, high cloud, no wind, cool</i>				
Eyemouth	NT 943644	0.0	6.4	10.10	0.00
Fleurs Dean	NT 924654	1.9	8.3	10.56	0.46
Coldingham Bay	NT 916665	2.9	9.3	11.20	1.10
St Abbs	NT 918673	3.5	9.9	11.31	1.21
				12.02	
St Abbs Head	NT 912691	5.1	11.5	12.38	1.57
				12.44	
Westerside Dean	NT 889693	6.9	13.3	13.32	2.45
				13.38	
Dowlaw	NT 856701	9.1	15.5	14.31	3.38
A1107	NT 827688	11.2	17.6	15.04	4.11
Grantshouse	NT 809655	14.2	20.6	15.57	5.04

20 October 2007	<i>High cloud cover AM, long sunny periods PM</i>				
Grantshouse	NT 809655	0.0	20.6	09.49	0.00
Blackburn	NT 775665	3.3	23.9	10.53	1.04
Whiteburn	NT 760642	5.4	26.0	11.30	1.41
Abbey St Bathans church	NT 757622	7.5	28.1	12.15	2.26
				12.20	
Abbey St Bathans	NT 762618	7.9		12.33	2.39
(Riverside restaurant)				13.54	
Abbey St Bathans church	NT 757622	8.2	28.1	14.03	2.48
B6355	NT 734592	11.4	31.3	15.08	3.53
Commonside Hill	NT 732579	12.3	32.2	15.30	4.15
Longformacus	NT 692572	15.2	35.1	16.53	5.38

Continued ...

21 October 2007		<i>Overcast (high cloud) most of the day but sunny intervals later</i>			
Longformacus	NT 692572	0.0	35.1	09.30	0.00
Dye Cottage	NT 649580	3.2	38.3	10.49	1.19
Shiel Inn	NT 627579	7.7	42.8	12.18	2.48
				12.30	
Meikle Says Law	NT 581617	9.5	44.6	13.25	3.43
				13.35	
Harestone Hill	NT 568623	10.8	45.9	14.08	4.16
				14.17	
Hopes	NT 557633	12.9	48.0	15.05	5.08
Longyester	NT 545652	14.8	49.9	15.36	4.39
Gifford	NT 533680	17.1	52.2	16.12	6.15

20 October 2008		<i>Rough westerly but sunny</i>			
Gifford	NT 533680	0.0	52.2	14.42	0.00
Bolton	NT 508701	2.3	54.5	15.10	0.28
Haddington	NT 511738	5.4	57.6	16.20	1.38
				16.26	
Cottyburn	NT 467758	8.8	61.0	17.23	2.35
Longniddry station	NT 446762	10.5	62.7	17.55	3.08

21 October 2008		<i>Westerly wind, less rough, still sunny</i>			
Longniddry station	NT 446762	0.0	62.7	10.08	0.00
Port Seton	NT 404759	3.0	65.7	11.10	1.02
Prestonpans	NT 386745	4.7	67.4	11.36	1.38
				11.52	
Musselburgh	NT 345731	8.0	70.7	12.51	2.37
				13.25	
Brunstane station	NT 313725	10.3	73.0	14.06	3.18
Arthur's Seat	NT 275729	13.2	75.9	15.10	4.22
				15.20	
Edinburgh Haymarket	NT 239732	16.3	79.0	16.32	5.34

22 October 2008		<i>Sunny, cloud building, showers late, then rain</i>			
Edinburgh Haymarket	NT 239732	0.0	79.0	09.30	0.00
Telford Road	NT 221748	1.7	80.7	09.57	0.27
Cramond Bridge	NT 179755	4.7	83.7	10.44	1.14
Kirkliston	NT 125745	8.5	87.5	11.49	2.19
				11.55	
Winchburgh	NT 086750	11.0	90.0	12.33	2.57
(Tally Ho! PH)				13.12	
Fawnsark	NT 059767	13.4	92.4	13.52	3.37
Linlithgow canal basin*	NT 004769	17.0	96.0	14.51	4.36
		17.6		15.38	
River Avon aqueduct	NS 966758	19.6	98.0	16.23	5.21
Polmont	NS 930779	22.5	100.9	17.15	6.13

* **Coffee Neuk** 15.01 – 15.31 in town, 0.3 miles off route

23 October 2008	<i>Strong south-westerly, rain</i>				
Polmont	NS 930779	0.0	100.9	10.43	0.00
Falkirk High station	NS 881791	3.5	104.4	12.00	1.17

1 June 2009	<i>Hot, sunny, little shade, less wind</i>				
Falkirk High station	NS 881791	0.0	104.4	14.50	0.00
Falkirk Wheel	NS 852801	2.2	106.6	15.25	0.35
				15.58	
Bonnybridge	NS 824802	4.0	108.4	16.29	1.06
Banknock	NS 776788	7.5	111.9	17.19	1.56
				17.28	
Auchinstarry	NS 720769	11.2	115.6	18.28	2.56
(Boathouse Inn)				19.20	
Allanfauld Farm	NS 715788	12.6	117.0	19.55	3.31

2 June 2009	<i>A little cooler and breezier, but not much</i>				
Allanfauld Farm	NS 715788	0.0	117.0	09.47	0.00
Birkenburn reservoir	NS 677808	3.0	120.0	11.25	1.38
				11.32	
Meikle Bin	NS 667821	4.5	121.5	12.17	2.23
				12.32	
Todholes	NS 672859	7.6	124.6	13.27	3.18
				13.42	
Burnfoot	NS 675884	9.5	126.5	14.27	4.03
Spout of Ballochleam	NS 653900	11.4	128.4	15.06	4.42
				15.16	
Auldhall	NS 661934	13.8	130.8	16.01	5.27
Kippen (Cross Keys)	NS 651947	15.3	132.3	16.37	6.03

4 June 2009	<i>Sunny intervals, light winds; a very pleasant day for walking</i>				
Kippen (Cross Keys)	NS 651947	0.0	132.3	10.14	0.00
Arnprior	NS 612949	3.3	135.6	11.17	1.03
Dykehead	NS 596978	5.5	137.8	11.57	1.43
Port of Menteith	NN 583010	7.9	140.2	12.45	2.31
(churchyard)				13.20	
Lochan a'Chip Duibh	NN 574042	11.3	143.6	14.21	3.32
				14.27	
Gartchonzie	NN 605071	14.1	146.4	15.18	4.23
Callander	NN 627079	15.7	148.0	15.47	4.52

Continued ...

21 May 2010		<i>Humid, hazy sun, sunny periods developing</i>			
Callander	NN 627079	0.0	148.0	10.52	0.00
Car park (foot of Ledi track)	NN 586092	3.0	151.0	11.43 11.52	0.51
Ben Ledi	NN 562097	5.3	153.3	13.22	2.21
				13.52	
Col below Stoc Dubh	NN 550128	7.6	155.6	14.56	3.25
Ben Vane	NN 535157	8.9	156.9	15.43	4.12
				16.00	
Ballimore	NN 529174	11.4	159.4	16.57	5.09
Balquhiddier	NN 536209	13.8	161.8	17.33	5.45

22 May 2010		<i>Hot and sunny, some breeze on tops</i>			
Balquhiddier	NN 536209	0.0	161.8	9.57	0.00
Exit forest	NN 520240	2.3	164.1	10.49 10.54	0.52
Col below Cam Chreag	NN 537242	3.8	165.6	12.29 12.42	2.27
Meall an t-Seallaidh	NN 541234	4.4	<i>(off line)</i>	12.58	2.43
				13.03	
Col below Cam Chreag	NN 537242	5.0	165.6	13.16 13.26	2.56
Creag Mac Ranaich	NN 545255	6.1	166.7	14.35	4.05
				14.51	
Meall Sgallachd	NN 553260	6.9	167.5	15.19	4.33
Join old railway	NN 563273	8.3	168.9	16.12 16.20	5.26
Join Killin branch	NN 555307	10.8	170.4	17.08	6.14
Killin	NN 572330	12.8	172.4	17.43	6.49

4 June 2009		<i>Humid start, sunny periods later</i>			
Killin	NN 572330	0.0	172.4	10.09	0.00
Join pipeline	NN 584347	1.9	174.3	10.41 10.55	0.32
Top of pipeline	NN 582357	2.5	174.9	11.31	1.08
Leave track	NN 576371	4.4	176.8	12.12 12.19	1.49
Meall Garbh	NN 578383	5.3	177.6 *	13.19 13.29	2.49
Meall nan Tarmachan	NN 585390	6.0	178.2	13.53	3.13
				14.13	
Below Creag an Lochain	NN 590403	6.9	179.1	14.55	3.55
Join road to Glen Lyon	NN 589418	7.9	180.1	15.33 15.45	4.33
Milton Eonan	NN 570463	11.5	183.4 **	17.05	5.53

* 0.1m off direct line; route miles at col below summit

** 0.3m off direct line; route miles at road

24 May 2010		<i>Light rain AM but brightening up to a sunny afternoon</i>			
Milton Eonan	NN 570463	0.0	183.4 *	9.13	0.00
Bridge of Balgie PO	NN 576467	0.8	183.8 **	9.32	0.19
				9.39	
Road junction	NN 536456	3.5	186.5	10.39	1.19
Loch an Daimh dam	NN 511463	5.3	188.3	11.11	1.51
				11.25	
Meall Buidhe	NN 498499	7.9	190.9	12.48	3.14
				13.13	
Join track	NN 489513	8.9	191.9	14.34	4.35
Bridge of Gaur	NN 500567	12.8	194.8	15.31	5.32
Allt Chaldar	NN 464571	15.6	198.6	16.15	6.16
				16.28	
Glen Eigheach track	NN 446578	16.9	199.9	16.55	6.43
Moor of Rannoch hotel	NN 422577	18.4		17.20	7.08

* 0.3m off direct line; route miles at road

** 0.1m off direct line; route miles at road junction

Access difficulties at 557463 forced return to road, approx 0.7m diversion not shown in distances

25 May 2010		<i>Sunny periods developing, light winds, fresh; with Dave Travers</i>			
Moor of Rannoch hotel	NN 422577	0.0		10.15	0.00
Glen Eigheach track	NN 446578	1.5	199.9	10.40	0.25
Bridge over Allt Eigheach	NN 436603	3.4	201.8	11.25	1.10
				11.40	
Join ridge	NN 444622	4.8	203.2	12.51	2.21
				13.03	
Meall na Meoig	NN 447642	6.1	204.5	14.03	3.21
				14.38	
Join Loch Ericht track	NN 485641	8.5	206.9	16.20	5.03
				16.39	
Ben Alder Cottage	NN 498679	11.3	209.7	17.50	6.14

27 May 2010		<i>Showers, some heavy with hail, sunny periods too; with Dave Travers</i>			
Ben Alder Cottage	NN 498679	0.0	209.7	11.33	0.00
Bealach Cumhann	NN 466718	3.3	213.0	12.57	1.24
				13.06	
Allt Feith a'Mheall	NN 428704	6.0	215.7	14.48	3.06
				15.08	
Corroul Lodge	NN 412696	7.3	217.0	15.44	3.42
				15.48	
Loch Ossian YH	NN 371699	10.6	220.3	16.55	4.49
				17.00	
Corroul station	NN 355664	11.6	221.3	17.21	5.10

8 June 2011		<i>Rain for the last hour, but cloud mostly high; with my son Adrian</i>			
Corrour station	NN 355664	0.0	221.3	10.03	0.00
Chamabhreac bridge	NN 327690	2.6	223.9	11.08	1.05
Creaguaineach Lodge	NN 308869	3.9	225.2	11.33	1.30
				11.48	
Lairig Leacach bothy	NN 282736	7.6	228.9	13.48	3.30

9 June 2011		<i>Rain through pass, becoming showery, dry along road; with Adrian</i>			
Lairig Leacach bothy	NN 282736	0.0	228.9	10.24	0.00
Choirechoille	NN 250806	5.3	234.2	13.02	2.38
Spean Bridge	NN 222817	7.9	236.8	14.01	3.37

10 June 2011		<i>Sunny periods</i>			
Spean Bridge	NN 222817	0.0	236.8	12.07	0.00
Join B8004	NN 198830	2.2	239.0	12.55	1.24
Gairloch	NN 176841	3.9	240.7	13.22	3.06
				13.45	
Achnacarry Museum	NN 175877	6.9	243.7	14.55	3.42
				16.05	
Loch Arkaig	NN 170884	7.5	244.3	16.17	4.49
Invermaillie bothy	NN 135887	9.8		17.00	5.10

11 June 2011		<i>Sunny into the afternoon, then clouding over</i>			
Invermaillie bothy	NN 135887	0.0	<i>Off route</i>	8.40	0.00
Loch Arkaig	NN 170884	2.3	244.3	9.23	0.43
Abhainn Chia-Aig bridge	NN 187927	5.5	247.5	10.42	2.02
				10.50	
Meall na h-Eilde	NN 185946	6.9	248.9	12.02	3.14
				12.20	
Coire nan Saobhaidh	NN 179968	8.4	250.4	13.18	4.12
Greenfield	NH 200005	11.2	253.2	14.45	5.39
Tomdoun hotel	NH 156010	15.0	257.0	15.55	6.49

12 June 2011		<i>Sunny start, clouding over but always good visibility</i>			
Tomdoun hotel	NH 156010	0.0	257.0	9.44	0.00
Allt a'Ghobhain	NH 112018	2.9	259.9	10.37	0.53
Mam na Seilg	NH 105039	4.3	261.3	11.23	1.39
				11.28	
Glen Loyne	NH 080062	6.6	263.6	12.44	2.55
				12.56	
Creag a'Mhaim	NH 087077	8.9	265.9	14.32	4.31
				14.47	
Druim Shionnach	NH 074085	9.9	266.9	15.20	5.04
				15.33	
Cluanie Inn	NH 076118	13.3	270.3	17.05	6.36

11 June 2012		<i>Cloud at Munro height, light winds</i>			
Cluanie Inn	NH 076118	0.0	270.2 *	13.00	0.00
End of land rover track	NH 079150	3.1	273.2	14.00	1.00
Glen Affric Hostel	NH 079202	6.6	276.7	15.48	2.48

* Cluanie Inn is 0.1m off direct line; distance at path junction, 078117

12 June 2012		<i>Tops clear and light winds</i>			
Glen Affric Hostel	NH 079202	0.0	276.7	09.05	0.00
Path junction	NH 029206	3.4	280.1	10.27	1.22
				10.37	
Sgurr Gaorsaic	NH 035219	4.4	281.1	11.34	2.19
				11.50	
River Gaorsaic	NH 029236	5.6	282.3	12.44	3.03
				12.50	
Falls of Glomach	NH 018256	7.4	284.1	13.43	3.56
				14.15	
Loch Arkaig	NH 008269	8.6	285.3	15.10	4.51
Whitefalls bunkhouse	NG 947282	13.0	289.7	16.33	6.14

13 June 2012		<i>Tops clear and light winds</i>			
Whitefalls bunkhouse	NG 947282	0.0	289.7	08.50	0.00
Nonach Lodge	NG 935310	2.2	291.9	09.33	0.43
Path junction	NG 955359	5.8	295.5	11.15	2.25
(above Loch an Iasaich)				11.25	
Bendronaig Lodge	NH 013388	10.7	300.4	13.22	4.22
				13.40	
Bearnais bothy	NH 021431	13.7	303.4	14.55	5.37

14 June 2012		<i>Tops clear but a bit more breezy than yesterday</i>			
Bearnais bothy	NH 021431	0.0	303.4	07.55	0.00
Baobh-bhacan Dubha	NH 027447	1.3	304.7	08.40	0.45
				08.55	
Sgurr na Feartaig	NH 054454	3.3	306.7	09.53	1.43
				10.10	
Allt a'Chonais	NH 070481	5.6	309.0	11.27	3.00
				11.35	
Craig crossing	NH 040491	8.0	311.4	12.23	3.48
				12.33	
Achnashellach station	NH 002484	10.6	314.0	13.20	4.35

Continued ...

7 June 2013		<i>Sunny periods, a bit cloudier early afternoon, light winds</i>			
Achnashellach station	NH 002484	0.0	314.0	11.00	0.00
Drochad Coire Lair	NG 990502	1.6	315.6	11.54 12.00	0.54
Easan Dorcha bothy	NH 012526	3.8	317.8	12.48 13.10	1.42
Coulin	NH 018546	5.8	319.8	13.47	2.19
Enter felled forestry	NH 025583	8.4	322.4	14.53 14.58	3.25
Kinlochewe *	NH 030618	10.8	324.8	16.19	4.46

* Hotel is at 029619, <0.1m off direct line

8 June 2013		<i>Sunny periods, a bit cloudier early afternoon, light winds</i>			
Kinlochewe	NH 030618	0.0	324.8	10.08	0.00
Heights of Kinlochewe	NH 071641	3.3	328.1	11.06	0.58
Glean na Muice	NH 070666	5.0	329.8	11.45	1.37
Lochan Fada	NH 050699	7.5	332.3	12.40 13.21	2.32
Meal Garbh	NH 049726	9.3	334.1	14.53	4.04
Mullach Coire Mhic	NH 052735	9.9	334.7	15.58	5.09
Fhearchair				16.28	
Loch an Nid	NH 081740	12.2	337.0	18.21	7.02

9 June 2013		<i>Sunny periods, a bit cloudier early afternoon, light winds</i>			
Loch an Nid	NH 081740	0.0	337.0	09.10	0.00
Join 4x4 track	NH 090788	3.3	340.3	10.24 10.33	1.14
Shenavall cairn	NH 100823	5.9	342.9	11.33 11.53	2.14
Corrie Haillie	NH 113852	8.0	345.0	12.36 13.06	2.57
Loch an Tiompain	NH 157849	11.3	348.3	14.48	4.39
Clachan *	NH 177848	14.4		16.06	5.57

* Clachan turn is at 181840, 350.8 miles on direct line

10 June 2013		<i>Sunny periods, a bit cloudier early afternoon, NE breeze setting in PM</i>			
Clachan	NH 177848	0.0		09.12	0.00
Inverlael	NH 182852	1.5	351.7	09.42	0.30
Leave forestry	NH 206859	4.6	354.8	11.00	1.48
Cairn	NH 225875	6.4	356.6	11.48 12.03	2.36
Ruins in Glen Douchray	NH 244901	8.9	359.1	13.12 13.30	3.45
Loch an Daimh	NH 266935	11.7	361.9	15.07 15.20	5.22
Knockdamph bothy	NH 286954	14.1	364.3	16.08 17.00	6.10
The Schoolhouse bothy	NH 340974	18.3	368.5	18.26	7.36

11 June 2013		<i>Hazy sun, NE breeze</i>			
The Schoolhouse bothy	NH 340974	0.0	368.5	09.32	0.00
Allt nan Caisean	NH 367984	1.8	370.3		
Oykel Bridge *	NC 385008	4.2	372.7	10.49	1.17

* Hotel is at 384009, <0.1m off direct line

30 May 2014		<i>Sunny intervals, westerly breeze</i>			
Oykel Bridge *	NC 385008	0.0	372.7	14.06	0.00
Caplich	NC 354030	2.8	375.5	15.02	0.56
Beat 8	NC 332071	6.0	378.7	16.02	1.56
				16.19	
Benmore Lodge	NC 322115	9.6	382.3	17.49	3.26
Upper Glen Oykel	NC 326142	11.5	384.2	18.36	4.13

* Hotel is at 384009, <0.1m off direct line

31 May 2014		<i>Sunny periods, light westerly wind</i>			
Upper Glen Oykel	NC 326142	0.0	384.2	10.35	0.00
Allt an Dubh Loch Mor	NC 311183	2.8	387.0	12.01	1.26
				12.10	
Bealach Tralgill	NC 299193	3.8	388.0	12.42	1.58
				12.55	
Glean Dubh (path jn)	NC 270210	5.9	390.1	14.13	3.16
Allt Poll am Droighinn	NC 258219	7.0	391.2	14.33	3.36
Inchnadamp	NC 251219	7.6		14.45	3.48

1 June 2014		<i>Cloudy; showers at bealach and after Glencoul, some hazy sun PM</i>			
Inchnadamp	NC 251219	0.0		08.42	0.00
Allt Poll am Droighinn	NC 258219	0.7	391.2	08.55	0.13
Loch Fleodach Coire	NC 272247	3.0	393.5	10.06	1.24
				10.15	
Bealach na h-Uidhe	NC 264262	4.2	394.7	10.53	2.02
				11.10	
Lochans	NC 279270	5.5	396.0	11.53	2.45
Abhainn an Loch Bhig	NC 287273	6.4	397.0	12.33	3.25
				12.53	
Glencoul bothy	NC 270304	8.8	399.4	14.05	4.37
				14.57	
Sh'lder of B. Aird da Loch	NC 261324	10.3	400.8	16.03	5.43
Glendhu bothy	NC 283336	12.7	403.2	17.08	6.48
				17.45	
Maldie Burn	NC 249340	15.0	405.5	18.35	7.38

Continued ...

2 June 2014		<i>Overcast, frequent light rain = dreich</i>			
Maldie Burn	NC 249340	0.0	405.5	08.18	0.00
Shieling	NC 273385	3.8	409.3	09.50 10.00	1.32
Lochmore Lodge	NC 300386	5.6	411.1	10.36	2.08
Lone junction (at bridge)	NC 297402	6.9	412.4	11.02 11.25	2.34
Lone	NC 309422	8.7	414.2	12.00	3.09
Loch Airigh a'Bhaird	NC 287450	11.0	416.5	13.50	4.59
Loch a'Garbh-bhaid Mor	NC 279476	12.9	418.4	14.38	5.47
Garbh Allt	NC 269498	14.5	420.0	15.31	6.40
Rhiconich	NC 255522	16.3	421.8	16.13	7.22

3 June 2014		<i>Dry start, highish cloud, light rain for last hour</i>			
Rhiconich	NC 255522	0.0	421.8	10.10	0.00
Achriesgill	NC 252545	1.9	423.7	10.44	0.34
Badcall	NC 239558	3.1	424.9	11.04	0.54
Kinlochbervie	NC 221566	4.6	426.4	11.28	1.18
(Hotel)				12.18	
Blairmore	NC 194600	7.7	429.5	13.14 13.20	2.14
Loch a'Mhuilinn	NC 207629	10.0	431.8	14.00 14.05	2.54
Sandwood Bay	NC 225652	12.3	434.1	14.57	3.46

4 June 2014		<i>Sunny periods developing, stronger NW wind; cloudy after Cape</i>			
Sandwood Bay	NC 225652	0.0	434.1	10.16	0.00
Strathchailleach bothy	NC 248657	1.6	435.7	11.16	1.00
				13.40	
River Keisgaig	NC 259679	3.3	437.4	14.23	1.43
Spot height 58 (join track)	NC 264730	6.6	440.7	16.06	3.26
Cape Wrath	NC 259747	8.0	442.1	16.36	3.56
				17.42	
Spot height 58 (join track)	NC 264730	9.4		18.06	4.20
Kearvaig junction	NC 298717	12.5		18.58	5.12
Kearvaig bothy	NC 292726	13.2		19.16	5.30